

# Other Agencies

For support out of college hours

## Emergency Services

Is someone in danger? Do you need support right away? If so, please call 999

Website: <https://www.sussex.police.uk/>

## Samaritans

If you need someone to talk to, we listen. We won't judge or tell you what to do.

Phone: 116 123

Email: [jo@samaritans.org](mailto:jo@samaritans.org)

Website: <https://www.samaritans.org/>

## Sussex Mental Healthline

Available 24 hours a day, seven days a week

This service provides support for people experiencing distress. If you are in crisis: click here for urgent help

Phone: 0300 5000 101

Website: <https://www.sussexpartnership.nhs.uk/sussex-mental-healthline>

## West Sussex Young Carers

West Sussex Young Carers supports young carers under 18 with information, support, advice and signposting.

Phone: 01903 270300

Email: [youngcarers@westsussex.gov.uk](mailto:youngcarers@westsussex.gov.uk)

Website: [www.westsussex.gov.uk/youngcarers](http://www.westsussex.gov.uk/youngcarers)

## InditOut Centres

Are you a young person? Then this site is for you!

Website: <https://www.westsussex.gov.uk>

## NSPCC Helplines

Whether you want to report child abuse and neglect, or are worried about a child and not sure what to, we have advice for you.

Phone: 0808 800 5000

Website: <https://www.nspcc.org.uk>

## Childline

Childline, online, on the phone, anytime.

Phone: 0800 1111

Website: <http://www.childline.org.uk>